



NEWS

from the Northside

EMERGING

By S Karen Mohan

“To see a world in a grain of sand
And heaven in a wild flower...”

I wonder If the poet, William Blake, had seen the process of a butterfly emerging from its chrysalis, he might have added these words to his famous poem:

“to trust that the tiniest butterfly egg hidden under milkweed leaf can one day emerge into a stunning monarch”

Our community HAS witnessed this metamorphosis several times this summer, and we never cease to delight in the gradual transformation from egg to caterpillar to chrysalis to the beautiful butterfly that finally emerges! Sr. Brenda’s astute eyes have located these pin head size eggs and then nurtured them through the four stages of their development. Our first butterflies emerged on Juneteenth and were appropriately named Liberty, Freedom, Barak and Michelle!

A three year old neighbor witnessed the moment when “Alma” emerged from its chrysalis! This butterfly was named to honor his sister celebrating her sixth birthday! When she released the monarch we all cheered as “Alma” took flight!

Perhaps those ideas and creative beginnings that are growing and developing in each of us or in our families, communities, work places or schools will be encouraged by nature’s stories of growth witnessed by the emergence of the butterfly.

We hope you will enjoy what **has** emerged through our ministry and presence here this summer, in the people and places that are a part of our life on the north side!



Sister Karen releases the first monarch of the summer



Axel and his father captivated by butterfly emerging from its chrysalis



www.visitationmonasteryminneapolis.org

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We are an urban monastic community. Please contact us for more information about our way of life.

 Visitation Monastery North Minneapolis

 Visitation Monastery

This newsletter is available on our website. If you prefer the online format, please contact theSisters at vmonastery@aol.com.



Axel and Sister Brenda welcome another butterfly to the garden



Alma gently releases her namesake out into the universe!



The Monastery monarch nursery is a busy place!



The Monastery monarch nursery is a hope-filled place!



Monarchs take flight from our wildflower garden



Eagle Scout women beautify the Sisters' garden with handcrafted stepping stones.



Sisters and neighbors gather for a monarch release!



Sister Suzanne makes sure neighbors stay hydrated in the summer heat.



Visitation School Association of the Christian Faithful (ACF) members and their families gather to pray with the Sisters and enjoy root beer floats.

Visitation Monastery of Minneapolis

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*"... the life of the new [person]... like that of the [butterfly]...being disburdened of its old [self],
takes a new [self], and having grown young again, flies in the newness of its strength."*

Adapted from St Francis de Sales, *Treatise on the Love of God*



CYC 2026 Campership Sponsor Thank You!

On behalf of the Campers, the Visitation Sisters, and the CYC Staff we want to express our deep gratitude for a great week at Catholic Youth Camp! You, the Sponsors, made it possible for our youth to enjoy God's creation, grown in faith, enjoy adventures such as swimming, boating, archery, etc. These life-changing experiences continue to make a lasting difference. We continue to pray for our children as they EMERGE into the future!

Gratefully,

Sister Mary Frances Reis and Erika Johnson CEO of CYC



Mateo just may emerge as an archer some day!

