



Live x Jesus!





We will show gentleness and offer peacefulness to the

Our Mission

We are present in north Minneapolis to “Live Jesus” by being part of this multi-cultural community — to share prayer, hope, and God’s blessings. Our friends are drawn into a circle of faith that brings us all to a clearer vision of the face of God.

We recognize our need to protect and nurture the contemplative and communal quality of our life in order to witness more clearly to God’s love through our ministry of presence. As we reach out to support and comfort others, we recognize our own need to be supported and encouraged.

We dream that the liberating spirit that is part of our charism will foster the “prophetic” in all of us.



The Visitation Sisters of Minneapolis live a monastic life of prayer and community: being present, welcoming and reaching out to all in the diverse setting of north Minneapolis.



We will show gentleness and offer peacefulness to the community, if only for a moment.



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Our Ministry

To LIVE + JESUS in community . . .

- to companion and affirm those who are impoverished and lonely — those living on the fringes of society.
- to collaborate with those committed to a ministry of peace and justice and empowerment of people in the community.
- to educate and network with those who, in sharing their resources, seek ways of growing in faith, hope and love by bridging with people in our multi-cultural community.
- to provide spiritual formation for those affiliated with us in a variety of ways.
- to share our Salesian spirituality.

“Be who you are and be that well!”

— St. Francis de Sales

“Simplicity towards God consists in seeking Him only in all our actions.”

— St. Jane de Chantal



The Visitation Order was founded June 6, 1610, in Annecy, France, by St. Jane de Chantal and St. Francis de Sales.

In 1989, after 10 years of prayerful discernment, the Visitation Monastery of Minneapolis — an urban monastic community — was founded in north Minneapolis.



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